CHESTER COUNCIL ON AGING 15 MIDDLEFIELD RD. CHESTER. MA 413-354-7735 Sue Kucharski, Director

COACH MESSENGER

VOLUME 7, ISSUE 4 DECEMBER 2017

CELEBRATE THE HOLIDAY AT THE COA

In December the COA will be offering something for everyone to help celebrate the holiday season.

Bright Nights

On Tuesday, December 12, we will take a trip to Springfield's Bright Nights display. Bright Nights is a 2.5 mile tour of dazzling Christmas Lights through an enchanted forest. This annual event is listed on People.com as "One of the Top Ten Holiday Happenings in America," and has been featured in the New York Times, and Yankee magazine.

The COA van will leave Chester by 4:30 pm and return around 6:30 PM. Please call the COA today (354-7735) to reserve your seat on the van! This event is free.

Dinner at The Common Table

The Chester Common Table will offer a senior night special on Thursday, December 14 from 4-9 pm. The \$8 special includes salad, bread, pasta with homemade marina sauce and meatballs handmade from grass fed beef. It also includes dessert and a non-alcoholic beverage. While seniors can stop in any time between 4-9 pm, a group will get together at 5 pm for a social evening. If you are planning to attend, please call 354-7735 so that we can give a head count to the restaurant for seating and staffing purposes. No reservations are required.

Christmas Concert

Join us for a festive afternoon full of holiday cheer on Monday, December 18 at 1:30 pm and listen to the music of the Do-Re-Mi Chorus. With an all new musical program, this group will be sure to put a smile on your face! Light refreshments will be served after the concert. This event is free and open to the public of all ages. And by the way, if you've not yet been to the COA Dining Center, why not reserve your seat at the table for lunch prior to the concert? This event is free.

Annual Christmas Party

Come to the town hall auditorium on Friday. December 22 at 12 PM for the annual Christmas party luncheon. While this event is free, reservations are required. Call 354-7735, to save your place so you can enjoy our now famous roast beef-with-all-the trimmings luncheon. *(continued on back)*

SAVE The Date

If you need a ride to any of these events, please call the COA at 354-7735.

Mondays, each week Dining Center Luncheon 12 pm (menu on back) Knitting Group 1 pm

Tuesdays, each week Mahjong Group 1:30 pm—3:30 pm

Thursdays, each week Matinee movie 1pm, doors open at 12:15 pm free refreshments

Tuesday, Dec. 12 Trip to Bright Nights 4:30-6:30 pm

Thursday, Dec. 14 Senior Night Supper at Chester Common Table \$8

Friday, Dec. 15 Brown Bag Pick-up 11am Dining Center Luncheon 12 pm (menu on back)

Monday, Dec. 18 Christmas Concert — 1:30 pm Town Hall auditorium—free

Friday. Dec. 22 COA Christmas Party Luncheon 12 pm Town Hall auditorium

Dec. 25 CLOSED

WHAT'S COOKING AT THE DINING CENTER

Reservations or Cancellations must be made 48 hours in advance. Indicate which entree you want. There is a signup sheet at the COA or you may call 354-7735 to make your reservation and/ or request a ride to the meal. Meals are served at 12 noon. Milk, coffee and tea are available. Meals are free. Anonymous donations are accepted if it is within one's means to help defray the cost of this program.

Monday, Dec. 4

Shepards Pie, steamed corn, whipped potatoes, whole wheat bread and Mandarin oranges for dessert.

Monday, Dec. 11

Baked Macaroni & Cheese **OR** Chicken Sandwich– served with steamed peas, cherry snack loaf, and fresh fruit for dessert.

Friday, Dec. 15

Roast Pork **OR** Chicken Sandwich served with California blend vegetables, homemade stuffing, whole wheat bread, and chilled applesauce.

Monday, Dec. 19

Oven Baked Lasagna **OR** Tuan Salad Roll —served with Italian blend vegetables, French twist bread, apple juice, and a fruit crunch bar for dessert.

Dec. 25 NO MEAL

CELEBRATE THE HOLIDAY(CONT.)

Donations of desserts or monetary donations to help defray the costs of the food and paper goods are welcome.

This year we're planning a fun twist on our traditional (though *optional*) gift exchange. Those who choose to participate can bring a wrapped gift with a value of about \$10.

Come and celebrate the holidays at the COA. There is lots of fun to be enjoyed! Hope to see you at one—or all—of the events...and feel free to invite a friend.

Happy Holidays to All!

THURSDAY MATINEE MOVIE SCHEDULE

Movies begin at 1PM in the Senior Room. Please use the side entrance to the town hall as the front entrance is locked. This program is free, and free refreshments are available. beginning at 12:15 PM.

Dec. 7 The Walk 2016 (*Drama Based on Real Life*) In 1974, French aerialist Philippe Petit made headlines worldwide with his daring high-wire walk between the twin towers of the World Trade Center. This elevating drama recalls the unauthorized and unforgettable feat pulled off by Petit and his team. PG-13 2 hr. 3 min

Dec. 14 Lovely Still 2008 (*Romantic Drama*) When his beautiful new neighbor Mary asks him out on a date, elderly bachelor Robert suddenly finds himself swept up in the excitement and panic of new love. But as romance blossoms between the couple, an unexpected challenge arises that threatens to undermine the fledgling relationship. PG 1 hr. 32 min.

Dec. 21 Victoria and Abdul 2017 (Biography, Historical Drama) This is the extraordinary true story of an unexpected friendship in the later years of Queen Victoria's remarkable rule. When Abdul Karim, a young clerk, travels from India to participate in the Queen's Golden Jubilee, he is surprised to find favor with the Queen herself. As the Queen questions the constrictions of her long-held position, the two forge an unlikely and devoted alliance with a loyalty to one another that her household and inner circle all attempt to destroy. As the friendship deepens, the Queen begins to see a changing world through new eyes and joyfully reclaims her humanity. Stars Judi Dench PG-13 1 hr. 52 min

Dec. 28 Dunkirk 2017 (*Military and War Action—Drama Based on Real Life*) This historical drama chronicles the epic battle to evacuate more than 300,000 Allied soldiers who find themselves trapped on the beaches of Northern France during the 1940 invasion by Adolf Hitler's Nazi forces. PG-13 1 hr. 47 min.

Jan. 4 Mountain Between Us 2017 (Action, Adventure, Drama) After bad weather halts their commercial flight, surgeon Ben Payne and writer Ashley Knox hop a charter plane. But it crashes, leaving the strangers injured and alone atop a snowcovered mountain -- forcing them to embark on a long journey for help. Stars Kate Winslet, Beau Bridges PG-13 1 hr. 52 min.

