# COACH MESSENGER

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# NEW MEDICARE CARDS ON THE WAY!

At the end of July, Medicare began mailing the new Medicare cards to all people in Massachusetts with Medicare.

Here's 10 things you need to know.

- 1. Your new card will automatically come to you. You don't need to do anything as long as your address is up to date. If you need to update your address, you will need to contact Social Security.
- 2. Your new card will have a new Medicare Number that's unique to you, instead of your Social Security Number. This will help to protect your identity.
- 3. Your Medicare coverage and benefits will stay the same.
- 4. Mailing is expected to take a about a month. Your card may arrive at a different time than your friend or neighbor's.
- Your new card is paper, which is easier for many providers to use and copy.
- Once you get your new Medicare card, destroy your old Medicare card and start using your new card right away.
- 7. If you're in a Medicare Advantage Plan (like an HMO or PPO), your Medicare Advantage Plan ID card is your main card for Medicare—you should still keep and use it whenever you need care. And, if you use one of these other cards, you may also be asked to show your new Medicare card, so keep it with you.

- 8. Doctors, other health care providers and facilities know your new card is coming and will ask for your new Medicare card when you need care, so carry it with you.
- 9. Only give your new Medicare Number to doctors, pharmacists, other health care providers, your insurers, or people you trust to work with Medicare on your behalf.
- 10. If you forget your new card, you, your doctor, or other health care provider may be able to look up your Medicare Number online.

### Watch Out For Scams

Medicare will never call you uninvited and ask you to give personal o r private information to get your new Medicare Number and card. Scam artists may try to get personal information by contacting you about your new card. If someone asks you for your information, for money, threatens to cancel your health benefits if you don't share your personal information, hang up and call 1-800-MEDICARE.

Medicare, or someone representing Medicare, will only call and ask for personal information in these situations:

1. A Medicare health or drug plan can call you if you're already a member of the plan. The agent who helped you join can also call you. *(continued on back)* 

# SAVE THE DATE

If you need a ride to any of these events, please call the COA at 354-7735.

Friday, August 17 Brown Bag Pick-up 11am Dining Center Luncheon 12 pm (menu on back)

### Tuesday, August 21 Potluck Luncheon—

12-1:30 pm Bring your favorite dish to share or make a monetary donation to help defray the cost of paper goods

Tuesday, August 28
Annual "End of Summer"
Ice Cream Social 1– 2:30 pm
Make your own Sundae! Ice
cream, brownies and a topping
bar will be available to make
your favorite concoction! Call
the COA if you need a ride.
Free

## Weekly Events

### Mondays

**Dining Center**—See back for menu and program details.

Handcrafts 1-3 pm Bring your knitting, crochet, or your papercraft project

### **Tuesdays**

Mahjong—1:30—3:30 pm Enjoy an afternoon playing a relaxing board game! Beginners welcome!

### **Thursdays**

Matinee Movie—1 PM see back for details & schedule

# WHAT'S COOKING AT THE DINING CENTER

Monthly menus are available at the COA the last week of the month for the next month. Reservations or Cancellations must be made 48 hrs. in advance. Indicate which entree you want. There is a sign-up sheet at the COA or you may call 354-7735 to make your reservation and/or request a ride to the meal. Meals are served at 12 noon. Beverages are available. Meals are free. Anonymous donations are accepted if it is within one's means to help defray the cost of this program.

### Monday, August 6

Seafood Salad OR Cranberry Glazed Chicken, served with Steamed Peas, Sweet Yams, Whole Wheat Roll, and Chilled Mixed Fruit for dessert.

### Monday, August 13

Egg Salad w/Lettuce **OR** Reduced Sodium Hot Dog, served with a Hot Dog Roll, Baked Beans, Oven Brown Potatoes, and Chilled Pineapple for dessert.

#### Friday, August 17

**Egg Salad w/Lettuce OR** Roast Pork served with Mixed Vegetables, Whipped Potatoes, Whole Wheat Bread, and a piece of Fresh Fruit for dessert.

### Monday, August 20

Cottage Cheese w/Peaches **OR** Baked Potato Pollock, and Tartar Sauce served with Steamed Broccoli, Rice Pilaf, a Cherry Snack Loaf, and a piece of Fresh Fruit.

### Monday, August 27

Hot Dog **OR** Swedish Meatballs, served with California Blend Vegetables, Rigatoni Pasta, French Bread and a Warm Fruit Compote for dessert

### MEDICARE (CONTINUED)

2. A customer service representative from 1-800-MEDICARE can call you if you've called and left a message or a representative said that someone would call you back.

If you suspect identity theft, or feel like you gave your personal information to someone you shouldn't have, contact the Federal Trade Commission at 1-877-438-4338 or at http://www.identitytheft.gov.

# THURSDAY MATINEE MOVIE SCHEDULE

Movies begin at 1PM in the Senior Room. Please use the side entrance to the town hall as the front entrance is locked. This program is free, and free refreshments are available. beginning at 12:15 PM.

Aug. 2 The Leisure Seeker 2017 (Romantic Drama Based on the Book) A runaway couple go on an unforgettable journey in the faithful old RV they call The Leisure Seeker, travelling from Boston to The Earnest Hemingway Home in Key West. They recapture their passion for life and their love for each other on a road trip that provides revelation and surprise right up the very end. Stars Helen Mirren and Donald Sutherland. R 1 hr. 52 min.

August 9 Chappaquiddick 2018 (Drama Based on Real Life) In this historical drama, the car accident that doomed Ted Kennedy's presidential ambitions and resulted in the drowning death of 28-year-old Mary Jo Kopechne gets a fresh look, focusing on the cover-up that followed the crash. PG-13 1 hr. 47 min.

August 16 Gifted 2017 (Drama, Feel-good) When his sister dies, 30-something bachelor Frank Adler assumes the care of her 7-year-old daughter. But his plans to raise her are threatened when the child reveals herself to be a math prodigy, and his mom suddenly gets involved. The story and dialog are skillfully crafted and perfectly woven into a tapestry that seems simple on the surface, yet is sublimely complex. PG-13 1 hr. 41 min.

August 23 Roman J. Israel, Esq. 2017 (Thriller, Courtroom Drama) This is a dramatic thriller set in the overburdened Los Angeles criminal court system. Denzel Washington stars as a driven, idealistic defense attorney whose life is suddenly disrupted. When he is recruited to join a firm led by ambitious lawyer George Pierce—and begins a friendship with a young champion for equal rights — a turbulent series of events ensues, which will put the activism that has defined Roman's career to the test. PG-13 2 hr. 9 min.

August 30 Tommy's Honour 2017 (Drama) Set against the early days of golf and the stunning landscape of Scotland, Tommy's Honour is based on the intimate and powerfully moving true story of the challenging relationship between "Old" Tom Moriss and "Young" Tom Morris, the dynamic father-son team who ushered in the modern game of golf. PG 1hr. 52 min.