

COACH MESSENGER

DECEMBER 2018
CHESTER COUNCIL ON AGING
15 MIDDLEFIELD RD., CHESTER, MA 0101
413 354-7735
PEGGY GRAVELINE, DIRECTOR

SAVE THE DATE

Mondays – 12 pm – Dining Center (Dec. 3, 10, 17, 24, & 31)

Mahjong Tuesdays – 1:30 – 3:30 pm

Thursday Matinee Movies – Movie begins @ 1:00 p.m. (doors open at 12:15 for hot dog lunch)

Gateway Senior Citizen Brunch & Concert @ Gateway High School (doors open at 9:15 a.m.)

Christmas Party/Pot Luck Luncheon – Tuesday, December 11, 2018 at Noon in Senior Room (Bring a gift/get a gift - \$10 limit)

Brown Bag Pick-Up – 3rd Friday of the Month (Dec. 21st) – 11 am followed by Dining Center)

MEDICARE OPEN ENROLLMENT Ends December 7th

WHAT'S COOKING AT THE DINING CENTER

Monthly menus are available at the COA the last week of the month for the next month. Reservations or Cancellations must be made 48 hrs. in advance. Indicate which entrée you want. There is a sign-up sheet at the COA or you may call 354-7735 to make your reservation and/or request a ride to the meal. Meals are served at 12 noon. Beverages are available. Meals are free, Anonymous donations are accepted if it is within one's means to help defray the cost of this program.

Monday, December 3rd

Chicken Nuggets OR Veggie Frittata, Creamy Tomato Soup, Oven Brown Potato , Wheat Bread, and Fresh Fruit for dessert.

Monday, December 10th

Egg Salad OR Meatball Grinder, Steamed Green Beans, Sweet Yams, Grinder Roll and Fruit Crunch Bar for dessert.

Monday, December 17th

Cheeseburger OR Mac & Cheese, California Blend Vegetables, Wheat Bread, and Apple Crisp w/Topping.

Friday, December 21st

Cheeseburger OR Roast Turkey, Italian Blend Vegetables, Au Gratin Potatoes, Cranberry Sauce, Wheat Bread, and Fresh Fruit for dessert.

Monday, December 24th

Seafood Salad OR Baked Ham w/Raisin Sauce, Glazed Carrots, Whipped Potatoes, Dinner Roll, and Peach Trifle for dessert.

Monday, December 31st

Veggie Lasagna OR Fish Sticks w/Tarter Sauce, Steamed Spinach, Corn Chowder, Wheat Bread, and Mandarin Orange for dessert.

THURSDAY MATINEE MOVIE SCHEDULE

Movies begin at 1PM in the Senior Room. Please use the side entrance to the town hall as the front entrance is locked. This program is free, and free refreshments are available beginning at 12:15 PM.

December 6 – The Intouchables

Based on a true story, a quadriplegic aristocrat's world is turned upside down when he hires a good-humored ex-con as his caretaker. The unlikely duo overcomes adversity of every flavor as they shatter preconceptions of love, life and each other. 2011 – R 1 hr. 53 min.

December 13 – The Homesman

A claim jumper (Tommy Lee Jones) and a pioneer woman (Hilary Swank) team up to escort three insane women from Nebraska to Iowa. 2014 – R 2 hrs. 2 min.

December 20 – The Man Who Invented Christmas

With his most recent books having little success, Victorian novelist Charles Dickens finds himself obliged to self-publish his masterful fable “A Christmas Carol” – which he hopes will revive his sagging career. 2017 – PG 1 hr. 44 min.

December 27 – The Ballad of Lefty Brown

As his boss, Eddie Johnson, prepares to become a Montana senator, loyal Lefty Brown prepares to be the man in charge for the first time in his life. But his plans to run Eddie's ranch are upended when Eddie is murdered – and now Lefty wants revenge. (stars, Bill Pullman & Kathy Bates) 2017 – R 1 hr. 51 min.

January 3, 2019 – In America

With their two daughters in tow, Johnny and Sarah leave Ireland and head to New York so Johnny can pursue an acting career. What follows is a series of adventures, both comical and terrifying as they struggle to make the most of their new life. 2002 – PG13 1 hr. 43 min.



Happy Holidays and Happy New Year