

COACH MESSENGER

JUNE 2019

CHESTER COUNCIL ON AGING
15 MIDDLEFIELD RD., CHESTER, MA 0101
413 354-7735

PEGGY GRAVELINE, DIRECTOR

This Newsletter is sponsored in part by the Executive Office of Elder Affairs

SAVE THE DATE

Dining Center (Mondays 6/3, 6/10, 6/17, 6/24 and Friday 6/21

Knitting or Puzzle Making on Mondays from 1:30 – 4:00 pm

Mahjong Tuesdays – 1:00 – 4:30 pm (Except when there is a Foot Clinic)

Thursday Matinee Movies – Movie begins @ 1:00 p.m. (doors open at 12:15 for hot dog lunch & refreshments) – 6/6, 6/13, 6/20, & 6/27 – No Movie on July 4th as this is a holiday

Brown Bag Pick-Up – 3rd Friday of the Month (June 21st) – 11:15 a.m. followed by Dining Center)

Pot Luck Luncheon – Tuesday, June 18th @ Noon

Foot Clinic – Tuesday, 6/25, Wednesday, 6/26, ½ day Thursday, 6/27 (by appointment only)

SOCIAL SECURITY FRAUD ADVISORY

Inspector General Warns Public About Social Security Advisory Board-Related Scam

The Inspector General of Social Security, Gail S. Ennis, is warning the public about a new variation of increasingly common government employee impersonation scams, this time involving the [Social Security Advisory Board](#). The Advisory Board has reported that individuals are receiving scam phone calls displaying the board's phone number on caller ID. The callers are reportedly attempting to obtain personal information, including Social Security numbers. If you receive this type of call, you should not engage with the caller or provide personal information or money in response to requests or threats.

These callers are employing tactics similar to impersonation schemes involving the IRS, SSA, and the SSA OIG. Inspector General Ennis advises that callers may use a variety of false scenarios or threats to obtain personal information or payments, often requested through gift cards or prepaid debit cards.

However, the Social Security Advisory Board typically does not contact the general public to request personal information over the phone. Moreover, government employees will never threaten you to obtain personal information or payments. In those cases, the call is fraudulent, and you should just hang up.

If you receive a suspicious call, you may report that information online at <https://oig.ssa.gov/report> or by calling (800) 269-0271, Monday through Friday, 10 a.m. to 4 p.m. Eastern Time. You can also report these scams to the Federal Trade Commission through a new site specific to Social Security scams: <https://identitytheft.gov/ssa>.

[See the full advisory at the OIG website.](#)

WHAT'S COOKING AT THE DINING CENTER

Monthly menus are usually available at the COA the last week of the month for the next month. Reservations or Cancellations must be made 48 hrs. in advance. Indicate which entrée you want. There is a sign-up sheet at the COA or you may call 354-7735 to make your reservation and/or request a ride to the meal. Meals are served at 12 noon. Beverages are available. Meals are free, Anonymous donations are accepted if it is within one's means to help defray the cost of this program.

Monday, June 3rd

Orange Glazed Chicken OR Pulled Pork Sandwich, Steamed Peas, Red Bliss Potatoes, Honey Wheat Bread, Butterscotch Pudding w/whipped topping.

Monday, June 10th

Reduced Sodium Hot Dog OR Vegetable Quiche, California Blend, Oven Baked Beans, Hot Dog Bun, Fresh Fruit.

Monday, June 17th

Baked Pollock Loin with Dill Sauce OR Seafood Salad, Steamed Green Beans w/Red Peppers, Steamed Brown Rice, Blueberry Snack n Loaf, and Lemon Pudding w/Whipped Topping.

Friday, June 21st

Yankee Pot Roast OR Seafood Salad, Steamed Carrots, Whipped Potatoes, Honey Wheat Bread, Birthday Cake for Dessert.

Monday, June 24th

Cheese Stuffed Shells OR Cheeseburger, Brussel Sprouts, Cranberry Orange Snack n Loaf, and Fruit Crunch Bar.

THURSDAY MATINEE MOVIE SCHEDULE

Movies begin at 1PM in the Senior Room. Please use the side entrance to the town hall as the front entrance is locked. This program is free, and free refreshments are available beginning at 12:15 PM.

June 13 – Jumanji: Welcome to the Jungle

Four teenagers in detention discover an old video game console with a game they've never heard of. When they decide to play, they are immediately sucked into the jungle world of Jumanji in the bodies of their avatars, (Dwayne Johnson, Jack Black, Kevin Hart, and Karen Gillan). They'll have to complete the adventure of their lives filled with fun, thrills and danger or be stuck in the game forever! 2017 – PG-13 – 1 hr. 59 min.

June 20 – The Miracle Season

When Caroline Found – the undisputed star of West High School's volleyball team – dies suddenly, the Iowa City squad is left floundering until her father and team's tough but caring coach inspire them to pursue the state championship. Stars Helen Hunt and William Hurt. 2018 – PG – 1 hr. 41 min.

June 27 – The Exception

This turbulent drama portrays the converging fates of Kaiser Wilhelm, exiled to Holland after Germany's defeat in World War I, and a young Jewish woman whose presence in the Kaiser's household raises the suspicions of an SS officer looking for spies. 2017 – R – 1hr. 47 min.

NO MOVIE WILL BE SHOWN ON THE JULY 4TH HOLIDAY – HAVE A SAFE HOLIDAY

SHINE Counseling – Contact Sue Kucharshi at the Senior Outreach Center (SHCOAC) 3 Maple Street, Chester, MA – (413) 354-6540 to schedule an appointment. See what other senior benefits you may also be eligible for.