

COACH MESSENGER

APRIL 2021

CHESTER COUNCIL ON AGING
15 MIDDLEFIELD RD., CHESTER, MA 0101
413 354-7735
PEGGY GRAVELINE, DIRECTOR

This Newsletter is sponsored in part by the Executive Office of Elder Affairs

SAVE THE DATE

Meals/Grab & Go (Thursday, 4/1, Monday, 4/5, Thursday, 4/8, Monday, 4/12, Thursday, 4/15, Friday, 4/16 (Brown Bag Day), Monday, 4/19 – PATRIOTS DAY, NO MEAL, Tuesday, 4/20, Thursday, 4/22, Monday, 4/26 & Thursday, 4/29. NOTE: Due to the Corona Virus (COVID-19) Pandemic, meals will be on a pick-up basis only between 12-1 p.m. until further notice. There will be only one meal option during this period. Please call 354-7735 and leave a message 2 days in advance if you would like to order and pick up a meal.

Mahjong cancelled until further notice.

Blood Pressure Screening cancelled until further notice.

Brown Bag Pick-Up – 3rd Friday of the Month (April 16th) – NOTE: If you have also ordered a lunch for that day, please plan on picking up your Brown Bag between 12-1 p.m.

MASSACHUSETTS HOMEBOUND VACCINATION PROGRAM

The Commonwealth is working with local Boards of Health and developed a statewide program to offer in-home vaccinations for homebound individuals who cannot leave their home to get to a vaccination site.

Eligibility for Massachusetts Homebound Vaccination Program

In-home vaccinations are for homebound individuals who are not able to leave their home to get to a vaccination site, even with assistance. These individuals require either:

1. Ambulance or two-person assistance to leave the home, or
2. Are not able to leave the home for medical appointments under normal circumstances, or
3. Have considerable difficulty and/or require significant support to leave the home for medical appointments.

How to connect with the Massachusetts Homebound Vaccination Program

Organizations who support individuals who are homebound and may require an in-home vaccination may be referred to the State Homebound Vaccination Central Intake Line, operated by MassOptions, to be screened for appropriateness for an in-home vaccine and connected to resources to schedule a vaccination.

Homebound Vaccination Program Central Intake Line

1-833-983-0485

Monday through Friday

9:00AM to 5:00 PM

The Homebound Vaccination Program Central Line is only able to support individuals with screening for an in-home vaccine and representatives are not able to schedule general vaccine appointments, answer general questions about COVID-19 or provide individual health care advice.

If an in-home vaccination is not appropriate, the caller will be referred to other resources for assistance to schedule an appointment at a vaccination site or find transportation solutions.

For individuals who need assistance preregistering or scheduling an appointment at a vaccination site, please refer to 2-1-1 (877-211-6277).

CHESTER COA – GRAB & GO LUNCHES FOR FEBRUARY 2021

MONDAY or TUESDAY	THURSDAY	FRIDAY
	1 Baked Catfish Strips w/Tartar Sauce, Steamed Broccoli, Steamed Corn, Whole Wheat Bread, Fresh Fruit	
5 Chicken Chef Salad, Lettuce, Tomato & Cucumber, Creamy Potato Salad, Whole Wheat Roll, Chilled Mixed Fruit	8 Homemade Meatloaf w/Gravy, Steamed Carrots, Red Bliss Potatoes, Oatmeal Bread, Spiced Pear Compote	
12 Chilled Turkey Salad Sandwich, Lettuce, Tomato & Cucumber, Creamy Potato Salad, Whole Wheat Roll, Chilled Mixed Fruit	15 Tender Roast Pork w/Gravy, Winter Blend, Homemade Stuffing, Whole Wheat Bread, Applesauce	16 Savory Chicken w/Gravy, Cranberry Sauce, Butternut Squash, Rice Pilaf, Oatmeal Bread, Patriotic Jello w/Whipped Topping
19 PATRIOTS DAY – No Meals 20 Tuesday Cheese Omelet w/Sausage, Steamed Broccoli, Orange Juice, French Toast Stick, Applesauce	22 Yankee Pot Roast w/Gravy, Butternut Squash, Oven Roasted Potatoes, Whole Wheat Bread, Tapioca Pudding w/Whipped Topping	
26 Turkey Pepperoni Pinwheel w/Marinara, Red Potato Salad, Creamy Cole Slaw, Blueberry Muffin, Chilled Pears	29 Chicken Cacciatore, Split Pea Soup, Cavatappi Noodles, Rye Bread, Chilled Peaches	

Suggested donation is \$3.00/meal, if it is within your means, but no one will be refused a meal if it is not.

<p>SHINE Counseling – Contact Sue Kucharshi at the Senior Outreach Center (SHCOAC) 3 Maple Street, Chester, MA (413) 354-6540 to schedule an appointment. See what other senior benefits you may also be eligible for.</p>
